

Health observation record (New coronavirus infection)

Normal heat: _____ °C

Name _____

Days	Date M/D	Measurement Time	Temperature	Symptoms
Day 1	M D	AM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
		PM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
Day 2	M D	AM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
		PM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
Day 3	M D	AM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
		PM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
Day 4	M D	AM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
		PM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
Day 5	M D	AM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
		PM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
Day 6	M D	AM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
		PM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
Day 7	M D	AM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
		PM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
Day 8	M D	AM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
		PM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
Day 9	M D	AM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
		PM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
Day 10	M D	AM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()
		PM :	°C	None, sorethroat, cough, phlegm, stuffy nose, fatigue, diarrhea, vomiting, stomach-ache, other symptoms ()